

AIA Vitality Programme support variety of fitness trackers through below fitness applications:

「AIA Vitality 健康程式」能通過以下健身應用程式支援不同種類的健身配置:

Manufacturer 廠商	Applications 應用程式	Remark 備註
Preferred device / app 首選健身配置 / 應用程式		
Apple Health Apple 健康	Health 健康	Exercise data from iPhone and Apple Watch can be sync thru the Apple Health app iPhone 和 Apple Watch 的健身數據可以經 Apple Health 應用程式同步
Fitbit	Fitbit	Details of Fitbit device can be found in www.fitbit.com 健身配置詳情可以到 www.fitbit.com 查詢
Garmin	Garmin Connect	Details of Garmin device can be found in www.garmin.com.hk 健身配置詳情可以到 www.garmin.com.hk 查詢
Polar	Polar Flow	Details of Polar device can be found in flow.polar.com 健身配置詳情可以到 flow.polar.com 查詢
Other device / app 其他健身配置 / 應用程式		
Samsung Health 三星健康	Samsung Health 三星健康	Details of Samsung Health can be found in health.apps.samsung.com 健身配置詳情可以到 health.apps.samsung.com 查詢
Strava	Strava	N/A 不適用
Suunto	Suunto	Details of Suunto device can be found in www.suunto.com 健身配置詳情可以到 www.suunto.com 查詢
Google Fit	Google Fit 健身	Details of Google Fit can be found in support.google.com/fit 健身配置詳情可以到 support.google.com/fit 查詢

Only fitness data that can sync from individual trackers to the fitness applications above can be retrieved by AIA Vitality Programme

健身配置內的健身數據只可經以上應用程式轉送至「AIA Vitality 健康程式」